

Understanding Burnout In The Workforce

2024 System Survey Key Insights

Why Burnout Matters

Burnout Significantly Impacts:

Employee Engagement

Productivity

Employee Retention

Senior leaders recognize burnout as a critical workforce issue.



Top Burnout Factors Explored

Work/Life Balance

Operating In Crisis Mode

Change Fatigue

Workload

Remote Work Challenges



Burnout By Role

55.4%

Managers & Supervisors

46.2%

Senior Leaders

47.5%

Individual Contributors

Managers and supervisors report experiencing the highest burnout levels.



No “One-Size-Fits-All” Solution

Burnout varies widely across associations and roles, indicating the need for customized, targeted strategies for each association.

Your Voice Matters!

Your participation in the **2025 System Survey** is essential.

Share Your Experiences

Shape Target Strategies

Contribute to Meaningful Solutions

Together, we can build a healthier, more sustainable workplace.

